

PASTORS!

Start Here- How to use Hope Chain's Youth Program

Thank you so much for using our program for your congregation.

Attached we have included both days of the program, two pdfs for optional sermons, and links to supplies for activities.

The common theme for the program is hope, and how to connect hope with your relationships out in the world.

Day 1:

Start with Watching the "Please Live, Don't Die" short film with the youth.

The program then breaks down the characters in the film and the roles they play in situations.

Then we have suicide statistics and data from the real world.

We have created a sermon- attached as a PDF. Feel free to use it for your talk, edit it however you like, or use your own- however you desire to teach this topic for your group! [Day 1 optional Sermon](#)

We have listed discussion questions for an activity such as, have you felt this way before? What characters did you find yourself relating to in the video?

We recommend getting in a circle for the discussion- you pick which questions to ask!

After the questions, have everyone in the circle share something positive about the person next to them. Go around the whole circle with this activity.

"Home (Hope) work" Pass questions to have the youth poll family and friends. Challenge them to bring their answers back for the next session. Have you ever felt anxious or depressed? How did you overcome those feelings?

Day 2: You will need "You Are Loved" t shirts, gloves, and tie dye kits for the activity

<https://amzn.to/47pp0q0>

<https://amzn.to/3S76235>

<https://71bf40.myshopify.com/products/you-are-loved-t-shirt>

Start with watching the "tie Dye" Video.

We want to cultivate love, hope, and connection that is vibrant in this video.

Go into the realities of the statistics and data from the real world. We've included some search data as well.

We have another written sermon for your use, or you are welcome to use your own if desired.

[Day 2 Optional Sermon](#)

There's also more discussion questions and topics for you to discuss.

Activity time! Have the youth tie dye their own "You Are Loved" t-shirts. Encourage fun, connection and friendship!

"Hope Work"

Have the youth wear their newly tie-dyed shirts out in public this week. Take note of others' reactions, and discuss during your next youth group!

Encourage connection and love out in the world and online. We have social media challenges to create a culture of hope. Connect with us there!

Day 3: (Optional)

Take time to discuss with your leadership and congregation ways to connect, support and show love out in the world.

Have the kids review feedback on wearing the shirts out in public. Post pictures and videos out in the world on their social media accounts wearing the shirts.

Tag your church, youth group and congregation with these hashtags #YouAreLoved #HopeChainChallenge #JoinTheHopeChain to win some free stuff!